

IOSH Managing Occupational Health and Wellbeing

Accreditation	IOSH
Course duration	1 Day
Certificate valid for	Never expires

Who should attend

Managing Occupational Health and Wellbeing is for managers and supervisors working in any sector, and for any organisation. It's designed to provide them with the tools and techniques to improve health and wellbeing across their organisation. They won't suddenly become health and wellbeing experts – but it will help them to become line managers who truly care about the health and wellbeing of an organisation's most important asset – its people.

The biggest asset your organisation has is its people; the biggest asset they have is their health and wellbeing – so it makes good business sense for you to look after it!

Course information

Overview

Health and wellbeing have become a strategic consideration for businesses. Increasingly organisations need to focus on both what they do and how they do it. According to the IOSH report *The Healthy Profit*, sickness absence due to mental ill health alone costs the UK economy more than £8bn per year. An organisation that is healthy and well is more likely to be productive, innovative and competitive.

Managing Occupational Health and Wellbeing offers a fresh approach to health training. You'll find a practical programme, full of step-by-step guidance, and a sharp business focus. But you'll also find that the content engages and inspires your staff – critical to getting the message embedded across the whole organisation.

Why it works

- Understand why it's important to manage fluctuations in people's health
- Learn what to consider in a health needs assessment
- Discover how to recognise a 'well' employee
- Learn how to help co-workers return to work after an illness
- Gain tools and techniques to improve health and wellbeing across your organisation

What does the business get?

- Peace of mind from training that's designed and quality-controlled by IOSH, the Chartered body for safety and health professionals
- Flexibility – the programme can be delivered flexibly so that it suits your business
- Efficient and effective learning – the basic principles of health and wellbeing are covered in a single programme

- Globally-recognised, respected and certificated training for your managers and supervisors
- Memorable and thought-provoking facts and case studies from around the world.

Managing Occupational Health and Wellbeing covers...

- A healthy company and why it makes good business sense to manage workplace health and wellbeing
- Health risk management
- Fitness for work and the importance of managing the fluctuations in people's health status
- How the promotion of a wellbeing programme can influence and add value to an organisation

What results can I expect?

Improved organisation-wide awareness of health and wellbeing, leading to a healthier and more productive workplace - Fewer hours lost due to ill-health and reduced presenteeism, resulting in greater productivity - Proactive staff involvement to improve the workplace - Enhanced reputation within your supply chain

Learner Numbers

In order to ensure the interaction between the learners and the tutor is spread evenly and effectively, the maximum number of learners allowed on a course is twenty.

Assessment

Every delegate who has attended all four sections of the course should take the end-of-course assessments. These assessments test the course learning objectives and consist of:

- an invigilated, closed-book, end-of-course multi-format question paper – completed on the last day of the course
- a health risk assessment project – usually completed in the workplace and returned to the training provider within two weeks of the last day of the course

To be eligible for a Managing Occupational Health and Wellbeing certificate, delegates must:

- attend all four sections
- achieve the minimum mark on the multi-format assessment paper – this is 25 out of 41
- achieve the minimum mark on the project – this is 26 out of 44, with at least one full risk row on the health risk assessment (Part A) and one full risk row on the health action plan (Part B) being correctly completed
- have a total score of 51 or more.

Certification

Successful delegates will be awarded a *Managing Occupational Health and Wellbeing* certificate.

IOSH recommends that delegates refresh their training every three years to keep their knowledge up to date.

More details

Top 5 business benefits

- Practical advice and tools for managers to help create a healthy and productive place of work
- Improved health and wellbeing awareness across the organisation
- Fewer hours lost due to ill-health and reduced presenteeism, resulting in greater productivity
- Internationally recognised certification for managers and supervisors
- Enhanced reputation within the supply chain, with customers and other stakeholders

Top 5 delegate benefits

- Ensures you can manage health risks
- Ensures you understand your own responsibilities for health and wellbeing and why it makes good business sense
- Ensures you can manage fluctuations in people's health status and assess fitness for work
- Empowers you to measure your own performance
- Allows for reflections on good practice, both personally and organisation-wide